

BEAR SAYS THANKS TOAST!



INGREDIENTS:

- Bread (Your favorite sliced bread works great)
- Banana cut in slices
- Blueberries
- Peanut Butter or any other nut butter

INSTRUCTIONS:

1. Toast your favorite bread! Try multi-grain for a healthy choice!
2. Spread some peanut butter (or any other nut butter) on each piece of toast.
3. Top with banana slices for the ears and nose and blueberries for the eyes and top of the nose to make the teddy bear face.
Enjoy!